# **CRICHTON PARK CHRONICLE**

November 2024

X (Twitter): @Crichton\_Park
Website: crp.hrce.ca

902-464-2503

# Lest We Forget

### **UPCOMING DATES**

Nov. 6- HSA Meeting 6:00

Nov. 8 - Remembrance Day Ceremony

Nov. 11 - Remembrance Day, no school

Nov 14- SAC 3:30

Nov. 21- HSA Event-Board Game Night

Nov 22- Assessment & Evaluation Day (no students)

Dec. 3- Reports Home

Dec. 5- PD and PT Interviews (aft and eve)

\*please look for online booking system email

Concerts 1:30pm - Dec. 11/12 (snow date 13th)

\*please note assigned date due to space

Dec. 11th: PP1, PCC, 1B, 1/2C, 2/3V, 3/4N, 5/6M

Dec. 12th: PP2, PH, 1M, 2/3P, 4C, 4/5C, 5/6AM, 6S

\*you will receive two tickets on date listed for your oldest child; all students are performing in both concerts



# WHAT IS HAPPENING AT CRICHTON PARK?

Dear Families,

Mark your calendars for our December concerts! There will be two identical concerts the afternoons of December 11th and 12th (snow date Dec. 13th). Due to space constraints, you will receive two tickets for one of these dates. Please see the upcoming dates section in this newsletter for assigned dates depending on class. If you have children in more than one class, you will receive tickets for the date assigned to your oldest child. All students will be performing both days. Band and Violin will *not* be performing in December but there will be a concert in May for Strings and Band!

We are looking forward to welcoming family members who have served or are serving in The Canadian Armed Forces to our Remembrance Day Ceremony. If you are a service member and would like to attend, please email shawkes@hrce.ca.

We are accepting pictures of family service members past and present for our slide show until Nov. 4th. Please email shawkes@hrce.ca. If you have sent pictures in the past, we still have them!

Yours in education, Suzanne Hawkes and Tracy MacDonald

With Halloween candy coming to school, please be reminded we have students with life threatening allergies to peanuts and/or nuts, as well as sesame. We are asking your cooperation in respecting these allergies. Please ensure snacks or lunches that contain these food items do not come to school. Thank you!

## **Friendly Reminders**



- Dogs at School: Please keep dogs on leashes and away from where students are gathered, as not all students are comfortable with dogs.
- Office Protocol: Please check in at the office if entering the school for any reason during the school day.
- Parking lot: Staff parking only from 8am-4pm. Please use street parking for drop-offs and pick-ups, including Excel.
- Student Safety: Students may be out front during recess and lunch, so avoid driving and parking in front of the building.
- No Stopping Zone: The area in front of the school is a no stopping zone (refer to HRM signage).
- Address Updates: Inform the office of any changes to your address currently in PowerSchool.
- Serious allergies: These include sesame, peanuts and tree nuts. There are sensitivities to scents.













#### GREETINGS FROM THE HOME AND SCHOOL

The Crichton Park Home & School Association is a group of hard-working volunteers, dedicated to planning community events and raising funds for school needs, including field trip buses, technology upgrades, and so much more!

**!** Halloween Howl Success!

Our Halloween Howl was a spook-tacular hit, raising over \$2500 (before expenses)! Thank you to everyone who joined in the fun and made this our best event yet.

통 50/50 Fundraiser – Last Chance!

There's still time to get in on our October 50/50 draw! The jackpot currently stands at \$450 (winner takes \$225), but with the final push, who knows how high it could go? Tickets are available until October 31st and can be purchased at this link.

**E** Supporting Classrooms

Funds raised from these events will go directly toward fulfilling teacher wishlists, bringing valuable resources into classrooms to support our students and their CPS experience!

© Coming Soon: Board Game Cafe

Mark your calendars! Thursday, November 21st from 6:30 to

8:00pm will be our next event, the CPS Board Game Cafe!

We're thrilled to be collaborating with Little Big Thumbs,

family-friendly board gaming YouTubers, for a night of fun and

games for all ages.

77 Next HSA Meeting

Our next Home & School Association meeting will be on November 6th at 6:00 PM. Join us to stay updated, share ideas, and be a part of building a strong school community!

If you have any questions or comments for the HSA, please send an email to crichtonparkhsa@gmail.com or join our community Discord Server by visiting this link:

https://discord.gg/JnKFeDhAcx

Thank you for your support, and we hope to see you soon!

## Check out Rafflebox!

https://www.rafflebox.ca/raffle/crichton-park-school

# Counsellor's Corner Independence

Remember when your child first started to say, "I do it?" It was hard to let them have control because their coordination was still developing and them doing something took way more time. But, we knew it was the "right" thing to do because that is how young children start developing independence. Now that your children are school age, they are continuing to develop independence and will seek more at home since they are used to doing most things on their own at school. Why is this skill so important?

## Independence is important because...

- 1. It promotes confidence and self-esteem as well as motivation and perseverance in school.
- 2. It fosters self-reliance, allowing your child to feel they have control over their life.
- 3. It gives your child a sense of importance and <u>belonging</u> which is essential for building social relationships and for contributing to the world.
- 4. It develops their levels of self-awareness and sensitivity towards others which teaches them to help those around them.
- 5. It teaches them self-motivation as they have the freedom to find their own reasons to achieve.
- 6. It provides them with the belief that they are competent and capable of taking care of themselves which makes them resilient to external challenges.
- 7. It allows them to become <u>good decision-makers</u> as they have the freedom to consider various options before choosing the one they feel is best.
- 8. It develops other vital qualities such as patience, concentration, self-help, cooperation, self-discipline and self-trust.
- 9. It gives them the freedom to experience life fully and learn its many important lessons.
- 10. It makes them happy and healthy as they feel a great sense of achievement and success as a direct result of their own actions.

Encouraging Independence In School-Age Children (5-12 Years)

- As children enter their school years, their abilities and understanding of responsibility grow. Assigning more complex tasks helps them develop organizational skills and a sense of independence.
- Room cleaning: Encourage school-age children to take charge of keeping their rooms tidy, including dusting, vacuuming, and organizing personal belongings.
- Basic cooking skills: Introduce simple cooking tasks, such as making a sandwich, preparing a snack, or following a basic recipe with supervision to enhance their independence in the kitchen.
- Homework management: Teach them to manage their homework independently. Create a dedicated study space and help them develop a routine for completing assignments.

# **References:**

https://schpendence/oolhouse-daycare.co.uk/blog/why-you-should-encourage-inde https://allhallowsschool.co.uk/all-hallows-blog/encouraging-independence-and-responsibility-inchildren-age-appropriate-tasks/