

CRICHTON PARK CHRONICLE

May 2026

Website: crp.hrce.ca



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Month

UPCOMING DATES

May 13- Home & School Meeting 6pm Virtual

May 15- Black Excellence Day

All are invited to wear black t-shirts/clothing to stand in unity and support of the success of Black students.

May 18- Victoria Day (no school)

May 27- Violin and Band Concert 6:30pm
(students arrive 6:00 please)

May 30- Spring Fair 10am-1pm
(set up 3:30-5:30 May 29th)

Grade 6 Families, we will have an end of year closing on June 26th at 1:30 pm. Doors open 1:15.

WHAT IS HAPPENING AT CRICHTON PARK?

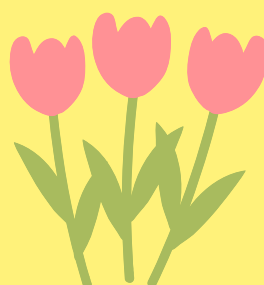
Dear Families,

Please be sure to check out the full newsletter for important updates from our School Advisory Council, Home and School Association, Ms. Hudson, and Ms. Adams.

Our Home and School Association has been busy preparing for the Spring Fair on May 30th. Volunteers are needed to help make this event a success. Please take a moment to read the information below from the HSA. Thank you for considering supporting this community event.

If you have any questions or concerns at any time, please do not hesitate to reach out. We value working together to support student progress and wellbeing.

Yours in Education,
Suzanne Hawkes and Tracy MacDonald



Friendly Reminders

- Dogs at School: Please keep dogs off school property when students are present including arrival and dismissal. Thank you for your cooperation.
- Office Protocol: Please check in at the office if entering the school for any reason during the school day.
- Parking lot: Staff parking only from 8am-4pm. Please use street parking for drop-offs and pick-ups, including Excel.
- Front of school: This is for accessible parking, deliveries and prearranged pick ups/drop offs.
- Student Safety: Students may be out front during recess and lunch, so avoid driving and parking in front of the building.
- No Stopping Zone: The area in front of the school is a no stopping zone (refer to HRM signage).
- Address Updates: Inform the office of any changes to your address currently in PowerSchool.
- Serious allergies: These include sesame, peanuts and tree nuts. There are sensitivities to scents.



News from the Gym:

April was an active month with many different extra events happening around Crichton Park!

First, we had our annual Badminton Tournament at lunch time having some tough competition and ending with some fantastic athletes placing on the podium; Cooper, Isaac G, Ava M.

Then we had our Jump Rope for Heart event, raising more than \$5000 dollars for the Heart and Stroke Foundation. On top of that we also had an active afternoon skipping, jumping and hopping all around the school yard in stations.

Our Crichton Park Basketball Team continued to see success on and off the court. Being undefeated in the season and in the Harbour View Tournament, the team brought home the gold medals. A lot of work was put into this team by Ms. Starr and Ms. Jane, thank you both for your dedications and hard work, extra shout-out to the assistant coach Clark (Ms. Hudson's son). Thank you to Ms. Starr and Jane Pelc for coaching!

Upcoming Events for May:

Track and Field Meet:

Students in grade 4-6 are invited to try out for the Crichton Park Track Team. We will be competing against 28 other elementary schools at Beazley May 26 (rain date 27). It is a fun day where students try relays, long jump, softball throw and sprints. We always have a great time and try outs begin this week, remind your child(ren) to listen to announcements to know when to come to try out.

Keep Active,
Ms. Hudson



UPDATE FROM THE HOME AND SCHOOL

CRICHTON PARK HOME & SCHOOL - MAY UPDATE

THE BIG NEWS IS THAT THE 2026 SPRING FAIR IS THIS MONTH, ON SATURDAY MAY 30TH, AND WE NEED YOUR HELP! PLEASE SIGN UP TO BE A VOLUNTEER BY VISITING THIS LINK:

[HTTPS://FORMS.GLE/ATOVHND2RLJCFGSD6](https://forms.gle/ATOVHND2RLJCFGSD6)

WHETHER IT'S RUNNING AN ACTIVITY STATION, OR HELPING TO SELL TICKETS AND SNACKS, HELPING FOR EVEN 30 MINUTES CAN MAKE A HUGE DIFFERENCE!

WE'RE ALSO STILL LOOKING FOR SPRING FAIR SILENT AUCTION DONATIONS. IF YOU HAVE CONNECTIONS WITH LOCAL BUSINESSES THAT MIGHT BE INTERESTED IN COLLABORATING, WE'D BE HAPPY TO DISPLAY BUSINESS CARDS, COUPONS, OR MARKETING MATERIALS ALONG WITH AN AUCTION ITEM!

AS ALWAYS, THANK YOU FOR YOUR SUPPORT, AND PLEASE SIGN UP TO VOLUNTEER!



**VOLUNTEERS
NEEDED**



Counsellor's Corner

Understanding Learning Styles: A Guide for Parents

Every child learns differently. As a parent, recognizing how your child best absorbs and processes information can make a meaningful difference in their confidence, motivation, and academic success. Many children are a mix of these styles, but they often have one or two dominant preferences. In fact, it is very common for learners to combine elements from multiple styles depending on the subject or situation. Recognizing this flexibility can help parents provide more balanced and adaptable support.

Visual Learners: Understand information through images, diagrams, charts, and spatial organization.

- Prefer pictures, graphs, or videos over verbal instructions
- Enjoy drawing or organizing information visually
- Remembers faces better than names

How to support them:

- Use charts, mind maps, and color-coded notes
- Encourage drawing or diagramming ideas
- Provide visual aids like flashcards or videos
- Break information into clear, organized sections

Auditory Learners: Absorb information through listening and speaking.

- Enjoy discussions and storytelling
- Remember information better when it is spoken
- Like reading aloud or talking through problems

How to support them:

- Encourage reading aloud and explaining ideas verbally
- Use audiobooks or recorded lessons
- Have discussions about what they are learning
- Turn information into songs, rhymes, or verbal repetition

Kinesthetic (Hands-On) Learners: Understand concepts through movement, touch, and physical activity.

- Have difficulty sitting still for long periods
- Learn better through experiments or building
- Use gestures while explaining ideas

How to support them:

- Incorporate hands-on activities and experiments
- Use physical objects (like blocks or models) to explain concepts
- Allow movement breaks during study time
- Turn learning into interactive games or real-life tasks

Reading/Writing Learners: Prefer interacting with text - reading and writing are their strongest tools.

- Enjoy books, lists, and written instructions
- Take detailed notes
- Learn well through writing summaries

How to support them:

- Encourage note-taking and journaling
- Provide books, worksheets, and written materials
- Ask them to rewrite or summarize what they have learned
- Use lists and written instructions

Important Reminder: Learning Styles Are Flexible

It's helpful to understand your child's preferences, but it is equally important not to limit them. Children benefit from developing skills across all learning styles. A balanced approach helps them adapt to different teaching methods and real-world situations.