

CRICHTON PARK CHRONICLE

902-464-2503

X: @Crichton_Park

Website: crp.hrce.ca

September 2024

Stand Up Against Bullying Day

*In a world where you can
be anything. be kind!*

Wear pink on September 12!



UPCOMING DATES

Sept. 9 - Home & School Meeting 6:00

Sept. 12 - Stand Up Against Bullying
(invited to wear pink)

Sept. 19 - Curriculum Night/

Ice Cream Social 6-7pm

Sept. 24 - Picture Day (make up Oct. 22 if absent)

Sept. 25 - Terry Fox Walk 1:30 (rain date 26th)

Sept. 26 - School Advisory Council Meeting 3:30

Sept. 27 - Orange Shirt Day

Sept. 30 - Truth and Reconciliation Day, no school

HRCE calendar for 2024-25

<https://www.hrce.ca/calendars>

WHAT IS HAPPENING AT CRICHTON PARK

Dear Families,

We are so excited to welcome everyone back for the 2024-25 school year! We look forward to connecting with you during the days, weeks and months ahead. As we start the year, please take the time to review the important friendly reminders on the next page. Thank you!

Please join us in welcoming our new staff to Crichton Park!

- Ms. Campbell - Primary
- Mrs. Cummings - Grade 1/2
- Mme. Galante - Core French
- Mrs. Nagy - Grade 3/4
- Ms. Erica Rinaldo - EPA

Yours in education,

Suzanne Hawkes and Tracy MacDonald



Please wear orange shirts on Friday, September 27
to honour Orange Shirt Day and
National Day for Truth and Reconciliation



September



Friendly Reminders - please read



- **Dogs at School:** Please keep dogs on leashes and away from where students are gathered, as not all students are comfortable with dogs.
- **Office Protocol:** Please check in at the office if entering the school for any reason during the school day.
- **Parking lot:** Staff parking only from 8am-4pm. Please use street parking for drop-offs and pick-ups, including Excel.
- **Student Safety:** Students may be out front during recess and lunch, so avoid driving and parking in front of the building.
- **No Stopping Zone:** The area in front of the school is a no stopping zone (refer to HRM signage).
- **Address Updates:** Inform the office of any changes to your address currently in PowerSchool.

Welcome to the 2024/25 school year from your School Advisory Council!

I am pleased to be starting my second year as chair of our Crichton Park Elementary School Advisory Council. Along with parent/ guardian, community, and school staff representatives, our SAC acts as an advisory body to our principal, Ms. Hawkes, and the HRCE on issues related to our schools and the school system.

Among other things, during the 20223/24 school year we are pleased to have approved funding to support our school success plan goals related to Literacy, Mathematics and Well-being, participated in a HRCE thought exchange regarding cellphone use in schools and implemented a family survey to hear directly from families.

This academic year we are looking forward to welcoming two new community members to the council. We will also be reaching out to community members from diverse communities identified in our family survey to understand how to incorporate their voice into our work and will be adding a Grade 6 voice as well.

Please visit our school website for our 2023/24 annual report and minutes from each of our meetings. We also invite all parents with interested in the work we do to attend a virtual SAC meeting at any time. Please email me (hrce-sac-crp@gnsps.ca) if you are interested in this opportunity or if you have questions about our Crichton Park Elementary SAC. Our next meeting is scheduled for Sept 26th at 3:30.



We often use School Cash for purchasing tickets, school clothing and fundraising items. Please consider signing up! To get started, please register for SchoolCash Online. It's free and takes less than two minutes. You will receive an email once items are posted for purchase. Visit <https://hrce.schoolcashionline.com/> and click Register to get started. Need support? [schoolcashionline.com/Home/Support](https://hrce.schoolcashionline.com/Home/Support)

A MESSAGE FROM OUR HOME AND SCHOOL

The members of the Crichton Park Home & School Association look forward to a year of bringing our school and community together through fun events that also raise funds to improve the school experience for all. Last year we hosted the Ice Cream Social, the Halloween Howl dance, School Bingo, a Board Game Night, and the Spring Fair! The funds raised are used for school field trips (including school bus fees), as well as supplies for the gym, library, and many classrooms.

We welcome new members at any time - meetings are once per month, on a Wednesday (this is a change), in-person at the school with virtual option. It's a fun and rewarding way to learn more about the school, plan events, and be a part of your child's school experience. Email CrichtonParkHSA@gmail.com to join our mailing list and find us on Facebook under "CPS Home and School Association". Our first meeting is Wednesday Sept 11th at 6:00 at the school!

Check out Rafflebox!
<https://www.rafflebox.ca/raffle/crichton-park-school>





School Counselling

My name is Jennifer Adams and I am the school counsellor. I work individually with students experiencing many different issues including (but not limited to): anxiety, grief, anger, low mood, parental separation and divorce, body image, self-esteem, friendships, family stress and conflict with peers. I will also be working with small groups of students who share particular concerns and doing full class lessons on healthy relationships and other issues that teachers identify as a need in their classroom. I work collaboratively with all teachers and specialists in the school to support and teach pro-social behaviours to help ensure that students are successful in school. You can contact me directly to refer your child (jadams@hrce.ca). I require a new consent form every school year so once you contact me I will generate the form and send it home with your child. It can be returned to the classroom teacher who will see that I receive it.

Welcome back to Phys Ed.

I'm so excited to be back for another year at Crichton Park, there will be a lot of news coming from the gym this year so keep an eye out in the newsletters. Starting off are two great events: Terry Fox (see the section on that) and Cross-Country Running Meet for grades 4-6 information will be out soon about practices and meets.

Along with fun extra events, Physical Education classes will be working on so many different things, including of course MOVEMENT, therefore can you please ensure your child(ren) have proper indoor sneakers. If you need help acquiring these please let Ms. Hudson know. Crocs, yes even in sport mode, are not safe. Thank you in advance for helping your child(ren) be prepared for fun and learning in PE this year.

-Ms. Hudson

Terry Fox Walk/Run at Crichton Park School
September 25th at 1:15 (rain date 26th)
More info to follow!

"Even if I don't finish, we need others to continue.
It's got to keep going without me" - Terry Fox

